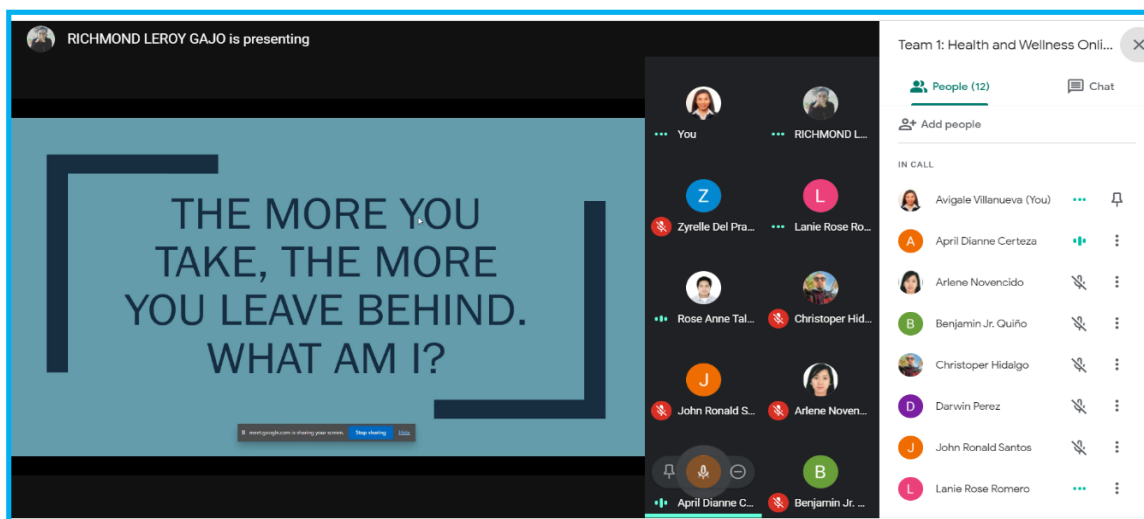


D.2 Health and Wellness Program

***Physical Work Outs**

To promote change in behavior and a work and life balance, physical work outs were introduced to promote change in behavior and a work and life balance. With the COVID-19 pandemic still in place, physical exercises were conducted in consideration of the safety protocols. Thus, the same were conducted both physically and virtually. Also, online games were conducted.



*COVID-19 Related Safety Protocols and Vaccination Data

The JHMC reiterated the observance of the safety protocols against COVID-19; and the benefits of being vaccinated, during the conduct of the flag retreat every Friday of the week. With its campaign efforts, the vaccination status of JHMC employees is at 97.72% (81 fully vaccinated, 5 partially vaccinated and 2 unvaccinated), as of 31 December 2021.

Further, JHMC provided continuous information dissemination on new guidelines, issuances, reminders to its employees relative to COVID-19, through the different platforms available.

*Annual Physical and Medical Examination

To ensure that employees are physically and/or medically fit to report for work and to monitor their medical conditions for appropriate interventions, the JHMC conducted a physical and medical examination of its employees which comprises of chest x-ray and blood chemistry. Based on the results, few employees were advised to undergo medications. However, in totality, **100%** (82/82) of the employees were declared fit to work.

Also, a random drug testing was conducted which resulted to **100%** (54/54) of the employees who underwent the same tested **negative**.

D.3 Gender and Development (GAD) Program

In line with the **International Celebration of Women's Month**, JHMC through its CSR project, Health and Human Rights Linking Diversity conducted a physical activity to boost the physical well-being and immune system of JHMC employees on 11 March 2021 at the Ayala Football Ground. This is in line with Republic Act 6949 otherwise known as "AN ACT TO DECLARE MARCH EIGHT OF EVERY YEAR AS A WORKING SPECIAL HOLIDAY TO BE KNOWN AS NATIONAL WOMEN'S DAY."

