

## SAMPLE MENU

	Day1 (November 28)	Day2 (November 28)	Day3 (December 10)	Day4 (December 11)
<b>B R E A K</b>	1 meat dish 1 vegetable dish 1 fish dish Tomatoes & Cucumber Rice Fruits	1 dried fish dish 1 egg dish Tomatoes Garlic rice Banana Flinters Fruits	1 meat dish Boiled Eggs/Sunny Side Up Hot dog Java Rice Fruits	Omellet Ham Ground Pork Bread & Butter Fruits
<b>A M</b>	Any light snack Drinks	Any light snack Drinks (Gulaman)	Any light snack Drinks	Any light snack Drinks (Gulaman)
<b>L U N C H</b>	1 chicken dish 1 fish dish 1 vegetable dish Soup Rice Drinks Dessert	1 meat dish 1 chicken dish 1 vegetable dish Soup Rice Drinks Dessert	1 meat dish (grilled) 1 fish dish 1 vegetable dish Soup Rice Drinks Dessert	1 meat dish (beef) 1 chicken dish 1 vegetable dish Soup Rice Drinks Dessert
<b>P M</b>	Any light snack Drinks	Any light snack Drinks	Any light snack Drinks	Any light snack Drinks

BUFFET STYLE , FLOWING JUICE & COFFEE, FLOWING WATER, WAITING STAFF